



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CECY DOLPHINS SWIM TEAM

2023 FALL/WINTER PROGRAM
CECIL COUNTY BRANCH

SEPTEMBER 18, 2023 – FEBRUARY 16, 2024



COMPETITIVE GROUP—NOVICE/INTERMEDIATE: For swimmers 7-18 years of age who have participated in at least one season of competitive swimming. This group will focus on stroke development, conditioning, race development, and team building. Swimmers will be swimming from 1,500 – 3,000 yards.

Times: Monday – Friday 5:30–7:00pm

Fee: \$300 YMCA Members

COMPETITIVE GROUP--ADVANCED: For advanced swimmers ages 7-18 years of age who have participated in at least one season of competitive swimming. This group will focus on conditioning, race development, and team building. Swimmers will be swimming from 2,500–5,000 yards.

Times: Monday – Friday 7:00–9:00pm

Fee: \$300 YMCA Members

Financial assistance is available.

10% Discount for families with more than 1 child participating.

Team Website: www.cecyclphins.weebly.com

Team Email: cecyclphins@yahoo.com



SCAN ME

CECIL COUNTY FAMILY YMCA
A Branch of the YMCA of the Chesapeake
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