



## Kennett & Jennersville Area YMCAs

FALL SHELLABRATION  
November 4-5, 2023  
MA 2211 AP



MEET HOST:	Kennett & Jennersville Area YMCAs	
SANCTION:	In granting this Approval, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.	
MEET DIRECTOR:	Ken Burk	<a href="mailto:moosekb@yahoo.com">moosekb@yahoo.com</a>
LOCATION:	Kennett Area YMCA 101 Race Street Kennett Square, PA 19348	
FACILITY DESCRIPTION:	8 lane, 25 yard pool with non-turbulent lane lines. Electronic timing system will be used. Gallery seating for spectators is available. Teams will be staged in 2 gymnasiums.	
POOL CERTIFICATION:	The competition course has been certified in accordance with 104.2.2C. The copy of such certification is on file with USA Swimming.	
WATER DEPTH:	The depth of the water at the start end of the pool is 8 feet and at the turn end is 4 feet.	
EVENTS:	This meet will be conducted in accordance with the attached schedule of events.	
EVENTS OPEN:	October 1, 2023	
ENTRY DEADLINE:	All entries will be accepted on a first come basis. Meet Entries will be taken until the meet fills.	
ENTRY FEES:	Individual Events \$6.00	Relays \$20.00
	Facility Surcharge \$5.00	
	In case of severe weather conditions or other emergency situations, which force cancellation of any portion of this meet – no refunds will be made on any entry fees. The Meet Committee will make all decisions concerning meet cancellation. The decision of the Meet Committee is final.	
ENTRY LIMITS:	2 Individual Events for SAT PM Session 3 Individual Events for AM Session 3 Individual Events for PM Session + 1 Relay Meet entry limit: 5 + 1 Relay	
ELIGIBILITY:	Each swimmer must be a member in good standing of his/her YMCA. Age for this meet is age as of December 1, 2023.	
ENTRY PROCEDURES:	<p>The Meet Director reserves the right to limit entries, events, or heats in order to conform to MA/USA Swimming rules. Swimmers/Teams eliminated from the meet due to time or space constraints will be given a full refund.</p> <ul style="list-style-type: none"> <li>• Converted times will be accepted for this meet</li> <li>• Entries must be submitted electronically in a format compatible with HyTek meet management software.</li> <li>• All entries should be submitted via email, subject [Your Team Name] – FALL SHELL-A-BRATION entry. Please include the following information in the body of the email: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information.</li> <li>• Electronic entry Files [TM/TU] are required for all entries.</li> </ul>	



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MEET ENTRY CHAIR:	Ken Burk	<a href="mailto:moosekb@yahoo.com">moosekb@yahoo.com</a>
MAIL CHECKS/REPORTS:	Mail meet summaries, and fees to: Kelly Burk Kennett Area YMCA 101 Race Street Kennett Square, PA 19348 Entries may be submitted by email. <a href="mailto:kburk@ymcagbw.org">kburk@ymcagbw.org</a>	
CHECKS PAYABLE TO:	Please submit a single check payable to <b>Kennett Area YMCA</b> . YMCA of the Greater Brandywine Teams, please journal transfer entries into 01-03-81-7420.	
SAFETY DIRECTOR:	Kelly Burk	<a href="mailto:kburk@ymcagbw.org">kburk@ymcagbw.org</a>
OFFICIALS CONTACT:	Ken Burk	<a href="mailto:moosekb@yahoo.com">moosekb@yahoo.com</a>
RULES:	<p>This meet is a closed YMCA meet. The meet and all participants adhere to the Rules that Govern YMCA Competitive Sports. The meet will be conducted in accordance with USA Swimming Technical Rules. Fly-over starts will be used at this meet for all events. All swimmers [except for Backstroke starts] should remain in the water at the completion of their race until the next heat has begun.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages.</p> <p>NO unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area.</p>	
DECK ENTRIES:	Limited deck entries will be accepted on meet day and will be left to the discretion of the Entries Director. Please see Entries Director prior to warm-ups. A deck entry event will count toward the daily limitation on the number of events a swimmer can swim.	
PROOF OF TIME:	Is not required for this meet.	
SEEDING:	All events will be seeded by entry time.	
AWARDS:	For Session 2 swimmers ONLY (events 11-48), medals will be awarded for places 1 through 3. Ribbons will be awarded for places 4 through 8. The winner of each heat will receive a prize.	
SCORING:	There will be no scoring at this meet.	
PROGRAM & ADMISSION:	Spectators are permitted. Admission is free.	
VENDOR:	D & J Sports will have swim apparel available for purchase during the meet in the Enrichment Room (upstairs next to the Holistic Health Studio)	
WARM-UP INFORMATION:	<p>USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-Up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.</p> <p>Warm-Up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-Up schedules will be posted</p>	



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	<p>and made available to the coaches at the meet. Sprint/Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated. The referee may remove anyone from the warm-up for failure to comply with warm-up rules.</p> <p>Session 1 will begin at 5:30pm. Warm-ups will begin at 4:00pm.            Session 2 will begin at 9:00am. Warm-ups will begin at 7:15am.            Session 3 will begin at 3:00pm. Warm-ups will begin at 1:00pm.            Session start time and warm-up times may change.</p> <p>Schedule and team lane assignments for warm-ups will be e-mailed to coaches the week prior to the meet.</p>
<b>DECK PRIVLEDGES:</b>	ONLY currently credentialed coaches, athletes and essential meet personal will be permitted on deck.
<b>MEET/DECK REFEREE:</b>	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgement for any issues that arise that day during the course of the meet.
<b>MEET MARSHALLS:</b>	Meet Marshalls have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for noncompliance with procedures or non-cooperation with Marshalls' instructions.
<b>MEET HOST'S ASSUMPTIONS OF RISK DISCLAIMER</b>	The YMCA of Greater Brandywine, has taken enhanced health and safety measures – for all athletes, coaches and volunteers. You must follow all posted instructions while attending the KJAY FALL SHELL-A-BRATION.
<b>ATHLETE PROTECTION (MAAPP):</b>	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Protection Policy (“MAAPP”), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition.
<b>TECH SUIT POLICY:</b>	The following rule will take effect SEPTEMBER 1, 2020. 102.8 SWIMWEAR .1 Design F. No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.
<b>RACING START CERTIFICATION:</b>	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.
<b>SWIMMERS UNACCOMPANIED BY A CERTIFIED COACH:</b>	Any swimmer entered in this meet must be certified by a USA Swimming or YMCA member coach. As being proficient in performing a racing start or must start each race from within the water. If a swimmer is not accompanied by a USA swimming or YMCA member coach, then it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
<b>DISABLED SWIMMERS:</b>	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any



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	special accommodations or seeding arrangements at the time the entry is submitted.
<b>PROTESTS:</b>	A meet jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator.
<b>PHOTOGRAPHY:</b>	Middle Atlantic Swimming PHOTOGRAPHY/VIDEOGRAPHY STATEMENT In compliance with USA Swimming Rules and Regulations; The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time. As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.
<b>DRONES:</b>	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.
<b>DECK CHANGING:</b>	Deck changes are prohibited.



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#### Order of Events

##### Session 1 (Saturday Evening)

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|------------------------------|------------------------------|
| 1. Girls 11 & Over 50 Free   | 2. Boys 11 & Over 50 Free    |
| 3. Girls 13 & Over 400 IM    | 4. Boys 13 & Over 400 IM     |
| 5. Girls 11 & Over 100 Free  | 6. Boys 11 & Over 100 Free   |
| 7. Girls 11-12 500 Free      | 8. Boys 11 -12 500 Free      |
| 9. Girls 13 & Over 1000 Free | 10. Boys 13 & Over 1000 Free |

##### Session 2 (Sunday Morning)

- |                                |                               |
|--------------------------------|-------------------------------|
| 11. Girls 10 & Under 200 Free  | 12. Boys 10 & Under 200 Free  |
| 13. Girls 6 & Under 25 Free    | 14. Boys 6 & Under 25 Free    |
| 15. Girls 7 Year Old 25 Free   | 16. Boys 7 Year Old 25 Free   |
| 17. Girls 8 & Under 50 Free    | 18. Boys 8 & Under 50 Free    |
| 19. Girls 10 & Under 50 Free   | 20. Boys 10 & Under 50 Free   |
| 21. Girls 10 & Under 100 Back  | 22. Boys 10 & Under 100 Back  |
| 23. Girls 6 & Under 25 Back    | 24. Boys 6 & Under 25 Back    |
| 25. Girls 7 Year Old 25 Back   | 26. Boys 7 Year Olds 25 Back  |
| 27. Girls 8 & Under 50 Back    | 28. Boys 8 & Under 50 Back    |
| 29. Girls 9-10 50 Breast       | 30. Boys 9-10 50 Breast       |
| 31. Girls 6 & Under 25 Breast  | 32. Boys 6 & Under 25 Breast  |
| 33. Girls 7 Year Old 25 Breast | 34. Boys 7 Year Old 25 Breast |
| 35. Girls 8 & Under 50 Breast  | 36. Boys 8 & Under 50 Breast  |
| 37. Girls 9-10 100 Fly         | 38. Boys 9-10 100 Fly         |
| 39. Girls 6 & Under 25 Fly     | 40. Boys 6 & Under 25 Fly     |
| 41. Girls 7 Year Old 25 Fly    | 42. Boys 7 Year Old 25 Fly    |
| 43. Girls 8 & Under 50 Fly     | 44. Boys 8 & Under 50 Fly     |
| 45. Girls 9-10 200 IM          | 46. Boys 9-10 200 IM          |
| 47. Girls 8 & Under 100 IM     | 48. Boys 8 & Under 100 IM     |

##### Session 3 (Sunday Afternoon)

- |                                |                               |
|--------------------------------|-------------------------------|
| 49. Girls 11 & Over 200 IM     | 50. Boys 11 & Over 200 IM     |
| 51. Girls 11-12 50 Back        | 52. Boys 11-12 50 Back        |
| 53. Girls 11 & Over 100 Breast | 54. Boys 11 & Over 100 Breast |
| 55. Girls 11 & Over 100 Fly    | 56. Boys 11 & Over 100 Fly    |
| 57. MIXED 11-12 Medley Relay   | 58. MIXED 13-21 Medley Relay  |
| 59. Girls 11-12 50 Breast      | 60. Boys 11-12 50 Breast      |
| 61. Girls 11 & Over 100 Back   | 62. Boys 11 & Over 100 Back   |
| 63. Girls 11-12 50 Fly         | 64. Boys 11-12 50 Fly         |
| 65. Girls 11 & Over 200 Free   | 66. Boys 11 & Over 200 Free   |